Colonoscopy Prep Instructions - Suprep

Please see attached Medication Information sheet.

2 days Before 1 Day Before **Night Before** Morning of Your Procedure **DRINK ONLY CLEAR** Drink at least eight Start your laxative Take the second dose of laxative **4 hours** prior at 6:00 p.m. - Pour to your arrival time (plus drive time). Pour one 8-ounce glasses of LIQUIDS THE ENTIRE one 6-ounce bottle 6-ounce bottle of Suprep into the mixing conwater during the day. **DAY.** Your preparation tainer. Add cold water to the fill line (16 ounces of Suprep into the will be better if you Take a dose of mixing container. Add total) and stir. Drink all the liquid. When done, drink extra fluids. Begin Miral ax in the cold water to the fill you must drink 2 more 16-ounce glasses of clear drinking clear liquids evening. It should not line (16 ounces total) liquid within the next hour to help the laxative first thing in the morning give you diarrhea or and stir. Drink all the work. Even if your stools were clear after your and continue interfere with your liquid. When finished, laxative dose last evening, you **must** drink the throughout the day. vou must drink two second laxative dose. daily activities. You (Note: if you are on fluid more 16-ounce can get MiraLax restrictions, please let STOP DRINKING CLEAR glasses of clear liquid from your local drug us know). within the next hour **LIQUIDS 2 HOURS PRIOR TO** store or obtain a to help the laxative YOUR ARRIVAL TIME. complimentary packet Drink an 8-ounce glass work. from the Cedar Valley every hour at minimum. Your stools should be clear or yellow, so that Digestive Health It is important that you you can see through to the bottom of the Center at 1015 drink plenty of liquids to toilet following a bowel movement. If you are Do not use any S. Hackett Rd. in ensure that the laxative having stools that are brown or contain pieces, smokeless chewing Waterloo will work and to avoid call our office at 319-234-5990. tobacco or nicotine dehydration. pouches at least 6 *Take medications at least 2 hours before or Please see Clear Liquid hours prior to your after drinking the laxative. arrival time. Diet sheet If you use inhalers, please bring them with you.

D 4 6 1		
Date of procedure	Arr	Arrival Time

** EXPECT TO BE HERE 3-4 HOURS **

Location: Cedar Valley Digestive Health Center

1015 S. Hackett Rd., Waterloo, IA 50701

If you have any questions or concerns, please call our office at 319-234-5990. Office hours are Monday-Friday from 8:30 a.m. - 5:00 p.m., with phones answered 24 hours per day for emergencies.



CedarValley GI.com

1015 S. Hackett Rd., Waterloo, Iowa 50701

319,234,5990

CVMS complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. SPANISH : ATENCIÓN: si habla español, tiene a su disposición servicios gratuito CHINESE : 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。 請致電