

Paracentesis Instructions

****If diabetic:****

- Do not take any insulin or diabetes medicine the morning of the exam. You may check your blood sugar as usual.
- On the day of the exam, do not eat anything 6 hours prior to your procedure time.
- You may drink clear liquids (water, juice, or soda) until 4 hours prior to exam.
- You may take your heart and/or blood pressure medications with a small sip.
- Dress comfortably.

Date of procedure _____ Arrival time _____

**** The time that we give you is the ARRIVAL time. Your procedure typically starts within 1 1/2-2 hours following your arrival. ****

**** Expect to be here 3-4 hours ****

Location: Cedar Valley Digestive Health Center
1015 S. Hackett Rd., Waterloo, IA 50701

Follow-up office visit: _____

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.

Office hours are Monday–Friday from 8:30 a.m.-5:00 p.m., with phones answered 24 hours per day for emergencies.