

Digestive Health Center

ERCP Instructions

See Medication Information sheet.

The day of the procedure:

- No solid foods for 8 hours prior to the test.
- Clear liquids up until 6 hours before your arrival.
- You may take heart and blood pressure medications.
- If you have an inhaler, bring it with you.
- Do not take any insulin or diabetes medications.
- Wear comfortable clothes; you may feel bloated after.
- **You will need a driver** that day because of the sedation you will receive. You will not be able to drive or work the rest of that day.

Date of procedure: _____ Arrival time: _____

**** The time that we give you is the ARRIVAL time. Your procedure typically starts 1 1/2-2 hours after your arrival. ****

**** EXPECT TO BE HERE 3-4 HOURS ****

**Location: 1825 Logan Ave.
Waterloo, IA 50703**

Follow up office visit: _____

If you have any questions or concerns, please call our office at 319-234-5990 or 877-858-4741.
Office hours are Monday–Friday from 8:30 a.m.-5:00 p.m., with phones answered 24 hours per day for emergencies.